

Sacred Heart Catholic Parish



PARISH CHURCHES

Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

Our Lady of Perpetual Succour

River Street, South Murwillumbah

PARISH STAFF

Administrator

Fr. Peter Wood

Parish Manager

Mary-Ann Thackray

Parish Secretary

Beth Gorton

Pastoral Associate

Barbara Grant

PARISH OFFICE

Tuesday to Friday 9.00am - 3.00pm

02 6672 1118

www.shpmurwillumbah.com.au

murwillumbah@lismore.catholic.org.au

PO Box 45

Murwillumbah NSW 2484

Queensland Road

Murwillumbah NSW 2484

PARISH SCHOOLS

Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

mspcmbah@lism.catholic.edu.au

Principal: Mr. Gavin Dykes

Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

murp@lism.catholic.edu.au

Principal: Mr. Brendan Ryan

St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

smurp@lism.catholic.edu.au

Principal: Mr. Jason Clarke

5TH SUNDAY IN ORDINARY TIME YEAR A | 8 FEBRUARY 2026

PREACHING WITH OUR LIVES

According to a book called *The Life of Francis of Assisi*, Francis invited a young monk to join him on a trip to town to preach. Honoured to be given the invitation, the monk readily accepted. All day long he and Francis walked through the streets, byways, and alleys, and even into the suburbs.

They rubbed shoulders with hundreds of people. At day's end, the two headed back home. Not even once had Francis addressed a crowd, nor had he talked to anyone about the gospel. Greatly disappointed, his young companion said, "I thought we were going into town to preach."

Francis responded, "My son, we have preached. We were preaching while we were walking. We were seen by many, and our behaviour was closely watched. It is of no use to walk anywhere to preach unless we preach everywhere as we walk!"

Most of us will never stand in a pulpit to preach a homily, but we do preach by the witness of our lives. This is not explicit preaching, but rather the example of lives of integrity which are often more eloquent than lengthy biblical reflections.

The prophet Isaiah tells us of the need to share bread with the hungry, to shelter the homeless, to clothe the naked, and never to turn our backs on our own. This is what makes our light shine before others. The psalm spells out how our lives can make a difference when they are characterised by generosity, mercy, trust, and a steadfast heart committed to reaching out to the poor. This is the challenge given us by Pope Leo XIV in his recent Apostolic Letter, *Dilexi te* (I have Loved You), where he insists that we must be concerned about the lives of the most marginalised in our society.

In a world of inequality, we are often separated from those who are on the margins who struggle to pay rent, to cope with the rising cost of living, and to manage on the minimum wage. We do not necessarily inhabit their world. But we need to be mindful that the blessings we have received in terms of employment, family stability, education, economic security and lifestyle, should not isolate us from, or blind us, to the needy in our world.

Salt was traditionally a food preservative and a condiment to enrich food, so we are called to enrich the lives of those less fortunate than ourselves. In Australia, first among these must be our indigenous brothers and sisters, as well as migrants and citizens who have fallen through the cracks in our society. There are also the victims of domestic violence whose lives are in turmoil. We must pray and stand in solidarity with all those in need.

There is much to do in being daily witnesses to the gospel and preaching with our lives.

Michael A Kelly CSSR © Magellan Media 2025

This week in the Parish

Sunday 8	5TH SUNDAY IN ORDINARY TIME - YR A Catechist Commissioning Ceremony during Mass 8:30 am - Rosary 9:00 am - Mass
Monday 9	PARISH OFFICE CLOSED
Tuesday 10	No Mass today 1:00 pm - Scripture Study Group 5:30 pm - Baptism Preparation Meeting Parish Administration Centre
Wednesday 11	No Mass today
Thursday 12	No Mass today
Friday 13	9:00 am - Legion of Mary Parish Meeting Centre No Exposition or Mass today
Saturday 14	9:00 am - Rosary 5:30 pm - Rosary 6:00 pm - Vigil Mass
Sunday 15	6TH SUNDAY IN ORDINARY TIME - YR A PROJECT COMPASSION SUNDAY 8:30 am - Rosary 9:00 am - Mass

RECONCILIATION
Saturday: 5.30 pm - 5.50 pm
Sunday: 8.30 am - 8.50 am

ROSARY
The Rosary is prayed on Saturday morning at 9:00 am. As well as half an hour before each weekend Mass

WEDNESDAY WORD
Copies of Wednesday Word, are available in the Church.

EXPOSITION OF THE BLESSED SACRAMENT
No Exposition this Friday 13 February

PLEASE PRAY FOR:

RECENTLY DECEASED:

Anne Daley (mother of Ray), Maria Gonzalez Calvino (mother of Paul), Fr Paul Glynn, Kevin Bryant, David Coyte

ANNIVERSARIES:

Fr Frank O’Gorman (Parish Priest 1975-1988), Fr James O’Rourke, Michael Jandura, Alec Ross

THOSE WHO ARE SICK:

Alex Lever, Rita Loughman, Isobel Grant, Fr Joseph Guinea, Gabrielle Hackenberg, Albert Albertini, Maive Collett, Narelle Martin, Pam Willock, Patrick Fox, Margaret Traves, Lorraine Green, David Burke, Paul Calvino, Fr Anthony Lemon

Names removed after a considerable time. Please assist the Parish Office by advising if you wish names to remain.

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Bundjalung people who are the Traditional Owners of this land on which we gather and pray today. We pay our respects to the Elders past, present and emerging, and extend that respect to other Aboriginal and Torres Strait Islander people past, present and emerging.

VIEW MASS AT HOME -

There is an option to tune into Mass at home when you can't join us:

- Freeview TV - Channel 10 Sunday 6 am
- Bishop Greg continues to online-stream Sunday Mass on the [Diocesan YouTube channel](https://www.youtube.com/LismoreDioceseAU) - 9:00 am - [youtube.com/LismoreDioceseAU](https://www.youtube.com/LismoreDioceseAU)

ASH WEDNESDAY | 18 FEBRUARY

MASS TIMES: 7:30 am - OLPS Church
5:30 pm - OLPS Church

UPDATE ON MASSES

Please note:

- ♦ That all Masses will continue to be held at Our Lady of Perpetual Succour Church, South Murwillumbah until Friday 13 March.
- ♦ There are No weekday Masses this week.

READINGS | ROSTERS

READINGS FOR TODAY & NEXT SUNDAY:

FIFTH SUNDAY IN ORD TIME - YR A

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

SIXTH SUNDAY IN ORD TIME - YR A

Sir 15:15-20; 1 Cor 2:6-10; Mt 5:17-37

READING ROSTER

14/15 Feb | 6th Sunday in Ord Time - A

6pm - Lisa Dusi-Fox

9am - Kay Ryder

ROSARY STATUE

8/2 Evelyn Cook

15/2 Igor Izaszec & Gosia Lachtera



Save the Dates

Saturday 14th &
Sunday 15th March 2026

MOUNT ST PATRICK COLLEGE
100 YEARS ONE LIGHT

SATURDAY 14TH MARCH

10am - 1pm

Centenary Book Launch

College Tours

Dinner - ticketed event
**Details to be advised*

SUNDAY 15TH MARCH

9am - 1pm

Thanksgiving Mass

Morning Tea

College Tours

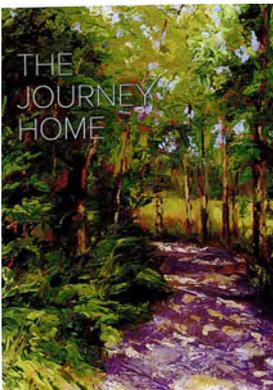


2026 LENTEN PROGRAMME

The Journey Home

Short daily reflections for Lent, Holy Week to Easter Sunday.

The Journey Home is a 6-week reflection resource that can be used during Lent by individuals and groups. Each day's reflection is inspired by a text of Scripture from the day's Gospel reading, followed by a Reflection, Discussion Questions and concludes with a Prayer.



You are invited to join us for prayer and reflection during the weeks of Lent, which begins with Ash Wednesday 18 February.

If you would like to be a leader, please nominate preferred day and time, with name and phone number on the sheet provided. Please note Parish Administration Centre is available to hold Lenten Group meetings.

Lenten books are available at the Church or Parish Office. \$8 each.

SACRAMENT OF RECONCILIATION

During Term One a number of children from our parish will be preparing for the Sacrament of Reconciliation.

There will be a Parent Information Meeting on Tuesday 24 February at 6 pm in Our Lady of Perpetual Succour Church, South Murwillumbah.

Parents of children who were Confirmed in 2025 and would like their children to continue with their Sacraments, are asked to attend.

PARISH OFFICE NEWS

We are delighted to welcome Erin Cornale as the newest member of our parish staff! Erin joins us from next week as our new Parish Secretary.

Please take the time to say hello and give her a warm welcome. We are truly blessed to have Erin with us as we continue to live God's mission with faith, hope, and love.

Erin will work with Beth, our retiring Parish Secretary, over the coming weeks before Beth hands over the reins on Friday 27 February.

As we farewell Beth, all are invited to join Fr Peter and the parish team at 9 am Mass on Sunday 1 March when we will give thanks for Beth's 23 + years of service to our parish. We will also be having a special celebration morning tea after Mass at a venue yet to be confirmed. Everyone is welcome to attend. Watch this space for more information in the coming week.



**5TH SUNDAY IN ORD TIME - YR A
RESPONSORIAL PSALM: (111)**

R: A light rises in the darkness for the upright.

GOSPEL ACCLAMATION:

Alleluia, Alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life.

Alleluia!

34TH WORLD DAY OF THE SICK

***“The compassion of the Samaritan:
loving by bearing another’s pain”***

(Pope Leo XIV)

Wednesday 11 February is World Day of the Sick, an observation started by Pope John Paul II as a way for believers to offer prayers for those suffering from illnesses. The day coincides with the commemoration of Our Lady of Lourdes.

People around the world take the time to pray for the sick and for those who work very hard to alleviate the sufferings of the sick on this day. Faith organisations mark this day especially to provide the sick with medicines, food, and spiritual guidance.

Let us pray to the Blessed Virgin Mary, Health of the Sick, to seek her intercession with this ancient prayer, that has been invoked in families for those living with illness and pain:

Sweet Mother, do not part from me.

Turn not your eyes away from me.

Walk with me at every moment

and never leave me alone.

You who always protect me

as a true Mother,

obtain for me the blessing of the Father,

Son and Holy Spirit.

Amen.

‘Christianity has not been tried and found wanting; it has been found difficult and left untried.’

- G.K. Chesterton

**PROFESSION OF FAITH
(NICENE CREED)**

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during these two lines)
and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen.



Interest Rate - 3.40%

**For further information and our current interest rate,
please visit our website www.dif.org.au or contact us on 1800 802 516**