

Sacred Heart Catholic Parish



PARISH CHURCHES

Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

Our Lady of Perpetual Succour

River Street, South Murwillumbah

PARISH STAFF

Administrator

Fr. Peter Wood

Parish Manager

Mary-Ann Thackray

Parish Secretary

Beth Gorton

Pastoral Associate

Barbara Grant

PARISH OFFICE

Tuesday to Friday 9.00am - 3.00pm

02 6672 1118

www.shpmurwillumbah.com.au

murwillumbah@lismore.catholic.org.au

PO Box 45

Murwillumbah NSW 2484

Queensland Road

Murwillumbah NSW 2484

PARISH SCHOOLS

Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

mspcmbah@lism.catholic.edu.au

Principal: Mr. Gavin Dykes

Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

murp@lism.catholic.edu.au

Principal: Mr. Brendan Ryan

St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

smurp@lism.catholic.edu.au

Principal: Mr. Jason Clarke

4TH SUNDAY IN ORDINARY TIME YEAR A | 1 FEBRUARY 2026

JESUS SHOWS US THE WAY TO LIVE

In this liturgical year, Year A, we focus on readings from Matthew's Gospel. Matthew writes towards the end of the first century AD, for a Christian community comprised of Jewish converts. In his gospel, he strives to demonstrate for them how Jesus is the fulfilment of the faith, hopes and promises of their Jewish faith, the fulfilment of all that is in "the law and the prophets" (Mt 5:17).

The reading from Matthew's Gospel is arguably the most famous and oft-quoted of all passages in the New Testament. It is known as The Sermon on the Mount or The Beatitudes (Blessed are they ...). It is Matthew's masterful summary of Jesus' teachings.

The passage follows not long after Matthew's account of Jesus' early public life and the call of the first disciples. Matthew gives a brief description of Jesus' activity: "He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people" (Mt 4:23).

In this one verse, Matthew effectively summarises the ministry of Jesus: teaching and healing. Jesus teaches with extraordinary authority, interpreting the Torah for his Jewish followers, and he heals the sick and afflicted, lifting the burden of suffering. These two dimensions of his ministry – teaching and healing – are inextricably linked and intertwined. His teaching offers healing and his healing expresses his teaching.

Matthew tells us that, on this occasion, Jesus goes up the mountain, draws his disciples to him, and sits down (as Rabbis do) and teaches them. His going up the mountain reminds us of Moses who went up the mountain of Mount Sinai to receive the Ten Commandments. This teaching is as important as that!

"Blessed (i.e., happy, fortunate) are they who . . ." Jesus repeats nine times, each time noting the God-given blessing that is the corresponding reward for those who act in that way. With these Beatitudes, Jesus effectively instructs his disciples on the nature of true holiness and the promise of true happiness. The Beatitudes reflect the merciful and compassionate character of God as revealed by Jesus (and as expressed in the Psalm). And they articulate the attitudes, values and spirit of the way of life we are to live and the way we are to act as Jesus' disciples in our care and concern for each other, our fellow human beings, and indeed all creation.

The list of Beatitudes is not like the list of the Ten Commandments, a definitive list of commands (Thou shalt not . . .). Rather, they are commendations for a way of living, of being in the world, of caring for others, especially the sick, powerless, poor and afflicted.

Our gospel reading challenges us to reflect on our attitudes and values in the light of Jesus' teaching and his compassion for all those in need of healing.

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This week in the Parish

Sunday 1	4TH SUNDAY IN ORDINARY TIME - YR A 8:30 am - Rosary 9:00 am - Mass Please note: there is No Parish Cuppa this Sunday
Monday 2	The Presentation of the Lord PARISH OFFICE CLOSED 9:30 am - Rosary & Prayers (see note below) 10:00 am - Widows & Widowers Cuppa & Chat
Tuesday 3	8:00 am - Mass 11:00 am - Christian Meditation Group 1:00 pm - Scripture Study Group
Wednesday 4	5:30 pm - Mass
Thursday 5	8:00 am - Mass
Friday 6	6:00 am - Eucharistic Adoration 9:30 am - Legion of Mary Parish Meeting Centre 12:30 pm - Mass (Please note change of time)
Saturday 7	9:00 am - Rosary 5:30 pm - Rosary 6:00 pm - Vigil Mass
Sunday 8	5TH SUNDAY IN ORDINARY TIME - YR A Catechist Commissioning Ceremony during Mass 8:30 am - Rosary 9:00 am - Mass

RECONCILIATION
Saturday: 5.30 pm - 5.50 pm
Sunday: 8.30 am - 8.50 am

ROSARY
The Rosary is prayed on Saturday morning at 9:00 am. As well as half an hour before each weekend Mass

WEDNESDAY WORD
Copies of Wednesday Word, are available in the Church.

EXPOSITION OF THE BLESSED SACRAMENT
this Friday 6 February
6 am - 6 pm

ROSARY & PRAYERS for God's Precious Infants and the Unborn Child - Monday 2 February - 9:30 am - OLPS Church.
Pregnancy Help Line:
1300 139 313

PLEASE PRAY FOR:

RECENTLY DECEASED:

Fr Paul Glynn, Kevin Bryant, David Coyte

ANNIVERSARIES:

Monsignor Jerome O'Rourke (PP 1964-1975), Lily Mason

THOSE WHO ARE SICK:

Isobel Grant, Fr Joseph Guinea, Anne Daley, Gabrielle Hackenberg, Albert Albertini, Maive Collett, Narelle Martin, Pam Willock, Patrick Fox, Margaret Traves, Lorraine Green, David Burke, Paul Calvino, Fr Anthony Lemon

Names removed after a considerable time. Please assist the Parish Office by advising if you wish names to remain.

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Bundjalung people who are the Traditional Owners of this land on which we gather and pray today. We pay our respects to the Elders past, present and emerging, and extend that respect to other Aboriginal and Torres Strait Islander people past, present and emerging.

VIEW MASS AT HOME -

There is an option to tune into Mass at home when you can't join us:

- Freeview TV - Channel 10 Sunday 6 am
- Bishop Greg continues to online-stream Sunday Mass on the [Diocesan YouTube channel](https://www.youtube.com/channel/UC...) - 9:00 am - [youtube.com/LismoreDioceseAU](https://www.youtube.com/LismoreDioceseAU)



BAPTISM:

Please welcome **Elphira Iris Marie d'Abadie** to our faith community.

PLEASE NOTE:

Change to Friday Mass time
12:30 pm not 12 noon
To commence this Friday 7 February.

READINGS | ROSTERS

READINGS FOR TODAY & NEXT SUNDAY:

FOURTH SUNDAY IN ORD TIME - YR A
Zeph 2:3, 3:12-13; 1 Cor 1:26-31; Mt 5:1-12

FIFTH SUNDAY IN ORD TIME - YR A
Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

READING ROSTER

10/11 Feb | 5th Sunday in Ord Time - A
6pm - Denise Banner
9am - Bernard Nolan

ALTAR SERVER ROSTER

Altar server roster will resume when we return to Sacred Heart Church.

ROSARY STATUE

1/2 Susan Kean 8/2 Evelyn Cook



Save the Dates

Saturday 14th &
Sunday 15th March 2026

MOUNT ST PATRICK COLLEGE
100 YEARS - ONE LIGHT

SATURDAY 14TH MARCH

10am - 1pm

Centenary Book Launch

College Tours

Dinner - ticketed event
*Details to be advised

SUNDAY 15TH MARCH

9am - 1pm

Thanksgiving Mass

Morning Tea

College Tours



Parish Schools Staff Mass at Our Lady of Perpetual Succour Church.



BAPTISM PREPARATION

If you are considering having your child baptised please phone the Parish Office (0266721118) for enquiries and to book in for the Baptism Preparation Meeting.

The next Baptism Preparation Meeting will be held Tuesday 10 February at 5:30 pm in Parish Office.

The Catholic Diocese of Lismore Safeguarding Office

the Diocese of Lismore Safeguarding Office can be contactable if you have any Safeguarding concerns. We will listen to you respectfully; offer support and discuss options you have available to you. Contact the Safeguarding Office - Phone: **(02) 6621 9444** or Email: safeguarding@lismore.catholic.org.au



The Presentation of the Lord

In accordance with the Jewish Law, Jesus was presented in the Temple by his Blessed Mother and his foster father. This is another 'epiphany', a revealing of the Christ Child as the Messiah through the words of Simeon and the testimony of Anna the prophetess. Christ is the light of the nations, hence the blessing and procession of candles on this day, which is also known as 'Candlemas'.

4TH SUNDAY IN ORD TIME - YR A

RESPONSORIAL PSALM: (145)

R: Happy the poor in spirit; the kingdom of heaven is theirs.

GOSPEL ACCLAMATION:

Alleluia, Alleluia!

Rejoice and be glad;

Your reward will be great in heaven.

Alleluia!



Fr Peter celebrates his birthday this week. Don't forget to wish him

'Happy Birthday'.

UPDATE ON MASSES

Please note that all Masses will continue to be held at Our Lady of Perpetual Succour Church, South Murwillumbah until Friday 13 March.

Weekday Masses will recommence this Tuesday 3 February at OLPS Church at 8 am.

BACK TO SCHOOL DATES

MT ST PATRICK COLLEGE

Monday 2 February: Yrs 7, 11 & 12

Tuesday 3 February: Yrs 8, 9 & 10

MT ST PATRICK PRIMARY SCHOOL

Tuesday 3 February: Kinder commences

ST JOSEPH'S PRIMARY SCHOOL

Monday 2 February: Yrs 1 - 6

Tuesday 3 February: Kinder commences

Pope's Intentions for 2026 | February

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

WIDOWS & WIDOWERS

'CUPPA & CHAT'

1st & 3rd Monday of month

Mon 2 Feb | 10 am | M'bah Services Club

Enquiries: Christine O'Brien 0418 787 881

ALL WIDOWS & WIDOWERS

WELCOME

LEGION OF MARY

Eucharistic Adoration –

1st Friday of the month

Our Lady of Perpetual Succour Church

In honour of the Sacred Heart of Jesus, there will be a 12-hour Eucharistic Adoration on the 1st Friday of each month.

Print your name, phone number & preferred time on the roster located at the front door of the Church. Starts from 6am. There must be 2 or more people present for each hour of the day. Contact Trish Jandura.

PROFESSION OF FAITH (NICENE CREED)

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during these two lines)
and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen.



Interest Rate - 3.40%

For further information and our current interest rate,
please visit our website www.dif.org.au or contact us on 1800 802 516