

# Sacred Heart Catholic Parish



## PARISH CHURCHES

### Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

### Our Lady of Perpetual Succour

River Street, South Murwillumbah

### St. Brigid's Church

Broadway, Burringbar

### St. Columba's Church

Convent Lane, Uki

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## PARISH STAFF

### Administrator

Fr. Peter Wood

### Parish Manager

Mary-Ann Thackray

### Parish Secretary

Beth Gorton

### Pastoral Associate

Barbara Grant

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## PARISH OFFICE

Monday to Friday 9.00am - 3.00pm

02 6672 1118

[www.shpmurwillumbah.com.au](http://www.shpmurwillumbah.com.au)

[murwillumbah@lismore.catholic.org.au](mailto:murwillumbah@lismore.catholic.org.au)

PO Box 45

Murwillumbah NSW 2484

Queensland Road

Murwillumbah NSW 2484

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## PARISH SCHOOLS

### Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

[mshpcmbah@lism.catholic.edu.au](mailto:mshpcmbah@lism.catholic.edu.au)

Principal: Mr. Gavin Dykes

### Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

[murp@lism.catholic.edu.au](mailto:murp@lism.catholic.edu.au)

Principal: Mr. Brendan Ryan

### St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

[smurp@lism.catholic.edu.au](mailto:smurp@lism.catholic.edu.au)

Principal: Mr. Jason Clarke

**4TH SUNDAY IN ORDINARY TIME -  
YEAR B**

**28 January 2024**

## A new way of teaching

In today's gospel, the Evangelist Mark, from whose gospel we will take the Gospel readings this year (Year B), tells us about the very beginning of Jesus' public ministry. Last week, we learnt of Jesus choosing his disciples. This week, Mark describes Jesus' first public action. In important ways, this portrayal of Jesus here at the outset of his public life encapsulates the key elements of Jesus' person and ministry that inform Mark's whole gospel.

In this brief passage we learn two vital things about Jesus: he teaches with authority and he has power over evil.

In the first few verses, Jesus goes to the synagogue in Capernaum. He is, after all, a faithful Jew. It is the sabbath. And there he begins to teach. To the utter amazement of those in the synagogue - for no one knows Jesus, has heard of him or where he's from - he teaches with extraordinary authority.

But this puzzling thing is then followed by another astonishing thing: an exorcism, when Jesus commands and rebukes an unclean spirit to come out of an afflicted man; here too he demonstrates extraordinary authority. Even a demonic spirit obeys him.

In this way, Mark describes that, in his very first public appearance, Jesus teaches with authority and performs an exorcism with similar authority. The people perceive something radically new here, and there is something compelling about the congruence of Jesus' teaching and his actions. They exclaim: "What is this? A new teaching—with authority!"

It is interesting to note that it is the unclean spirit - not the synagogue goers - who actually recognizes Jesus and calls him by his name: "Jesus of Nazareth . . . I know who you are, the Holy One of God." Notice too that the synagogue goers exclaim "What is this?" not "Who is this?" At the end of this gospel, the centurion will exclaim the truth Mark wants us to understand: "Truly this man was the Son of God."

So Jesus not only teaches with authority (and his listeners were clearly used to teachers who teach without authority), but what he teaches in word and in action is very clearly a NEW teaching!

His teaching is the good news of the coming of the Kingdom; his actions enact the good news he proclaims, demonstrating his power and authority.

As we go through this liturgical year, our readings from Mark's gospel will highlight these essential characteristics of Jesus' person and ministry: Jesus as teacher, who teaches with authority and whose teaching is the truth; and Jesus as victorious over the forces of evil and darkness, even death.

He is indeed the Holy One of God. Let us place our faith and trust in him, listen to him, and follow him. He doesn't promise that it will be easy, but he does promise that he is the Way, the Truth and the Life.

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# This week in the Parish

Saturday 27	9:30 am - Rosary 5:30 pm - Rosary 6:00 pm - Vigil Mass
Sunday 28	<b>4TH SUNDAY IN ORDINARY TIME - YEAR B</b> 8:30 am - Rosary 9:00 am - Mass
<b>FEBRUARY</b>	
Friday 2	<b>The Presentation of the Lord</b> 9:30 am - Legion of Mary   Parish Meeting Centre
Saturday 3	9:30 am - Rosary 5:30 pm - Rosary 6:00 pm - Vigil Mass
Sunday 4	<b>5TH SUNDAY IN ORDINARY TIME - YEAR B</b> 8:30 am - Rosary 9:00 am - Mass 10:00 am - Parish Cuppa / Morning tea

## RECONCILIATION

Saturday: 5.30 pm - 5.50 pm  
Sunday: 8.30 am - 8.50 am

## ROSARY

The Rosary is prayed half an hour before each weekend Mass. Please join us in front of the tabernacle to pray for our parish and prepare for Mass.

## WEDNESDAY WORD

Copies of Wednesday Word, with this weekend's readings, are available in the Church.

Weekday Mass will recommence  
**Friday 9 February**

## PLEASE PRAY FOR:

### RECENTLY DECEASED:

Edward Hart, Richard Stalker, Paul Hookway,  
Frank McGrouther, Barbara Burton

### ANNIVERSARIES:

Monsignor Jerome O'Rourke ( Parish Priest 1964-75),  
Rob Smith, Patrick Barrett, Athol Heanes

### THOSE WHO ARE SICK:

Violet Albury, Margaret Traves, John Lee,  
Wendy Bolden, Margaret Hyde, Lorraine Green,  
Colin Brooks, Kathy Dawson-Malone, David Burke,  
Malcolm Reid, Paul Calvino, Maureen McCabe,  
Fr Anthony Lemon, James Wallace

## READINGS | ROSTERS

### READINGS FOR TODAY & NEXT SUNDAY:

**4TH SUNDAY IN ORDINARY TIME - Year B**

Deut 18:15-20; 1 Cor 7:32-35; Mk 1:21-28

**5TH SUNDAY IN ORDINARY TIME - Year B**

Job 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39

### READING ROSTER

**3/4 Feb | 5th Sunday in Ordinary Time | B**

6pm - Mike Brennan

9am - Kay Ryder

### ALTAR SERVER ROSTER

Sat 3 Feb | Rafe & Brock McAndrew

Sun 4 Feb | Bonnie Lindsay & Nate Linkins

### ROSARY STATUE

28 Jan | Anne Palmer

4 Feb | Susan Kean

11 Feb | Evelyn Cook

## PARISH CUPPA

Please join us for a Cuppa | Morning tea  
after 9am Mass next Sunday 4 February.

**EVERYONE WELCOME!**



## WELCOME HOME

This weekend we welcome home Fr Peter Wood  
from his annual holidays.

We hope Fr Peter had a nice rest and is ready for  
a busy year.

## PRESENTATION OF THE LORD | 2 February

In accordance with the Jewish Law, Jesus was presented  
in the Temple by his Blessed Mother and his foster  
father. This is another 'epiphany', a revealing of the  
Christ Child as the Messiah through the words of Simeon  
and the testimony of Anna the prophetess. Christ is the  
light of the nations, hence the blessing and procession of  
candles on this day, which is also known as 'Candlemas'.

## ACKNOWLEDGEMENT OF COUNTRY

*We acknowledge the Bundjalung people who are the  
Traditional Owners of this land on which we gather and pray  
today. We pay our respects to the Elders past, present and  
emerging, and extend that respect to other Aboriginal and  
Torres Strait Islander people past, present and emerging.*

## VIEW MASS AT HOME -

There are several options to tune into Mass at home when  
you can't join us:

- Freeview TV - Channel 10 Sunday 6 am
- Bishop Greg's online-stream Sunday Mass will resume  
in February

## BACK TO SCHOOL DATES

### MT ST PATRICK COLLEGE

Wednesday 31 January: Yrs 7, 11 & 12 return  
and new students in Yrs 8, 9 & 10.

Thursday 1 February: Yrs. 8, 9 & 10 return

### MT ST PATRICK PRIMARY SCHOOL

Monday 5 February: Yrs. 1 - 6

Wednesday 7 February: Kinder commences

### ST JOSEPH'S PRIMARY SCHOOL

Monday 5 February: Yrs. 1 - 6

Wednesday 7 February: Kinder commences

## ASH WEDNESDAY

14 FEBRUARY

### MASS TIMES:

7.30am - Sacred Heart Church

5.30pm - Sacred Heart Church

## WELCOME BACK TO SCHOOL

We welcome back all teachers, staff and students of our three parish schools, Mt St Patrick College, Mt St Patrick Primary School & St Joseph's Primary School for the 2024 year.

## ADULT ONLINE FAITH FORMATION

The Diocese has just begun a fourth year of a partnership with the *Virtual Learning Community for Faith Formation* (VLCFF) at the University of Dayton, Ohio.

Over fifty people across the Diocese have accessed various 3-week and 5-week courses in their ongoing faith formation. (We have access to over 100 courses at a reduced rate.)

Registrations for Cycle 2 Courses with the *Virtual Learning Community for Faith Formation* (VLCFF) are now open. Close on February 28. (Courses begin March 4.)

If anyone is interested in pursuing any of the listed courses, don't hesitate to contact Tony Worner at [VLCFF.LismoreDiocese@stagneparish.org.au](mailto:VLCFF.LismoreDiocese@stagneparish.org.au) or 0436941280.

Learn more about the VLCFF at <https://vlcff.udayton.edu/about/> or through [St Agnes Parish's website](#).

Blessed are the poor in spirit,  
for theirs is the Kingdom of Heaven.

Blessed are the meek,  
for they shall possess the land - Mt 5:3-4

## i4GIVE Day - 1st February

### 'There is Freedom in Forgiveness'

The Abdallah & Sakr families have created i4give Day as a remembrance of the four angels that were tragically lost on the 1st of February 2020.

**This also helps others who have suffered in a similar way.**

As well as this, it is a National day of forgiveness where you could find someone you can forgive or ask for forgiveness.

*"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you"*



- Eph 4:32

## Bishop Greg's Lenten Talk Series continues...

### Themes of St Therese of Lisieux

Bishop Greg's talks will be held on Mondays at 6pm at St Mary's Chapel:

**Monday 19 February**

**Monday 26 February**

**Monday 11 March**

*(Note: no talk will be given on 4 March)*

*It will be available to view on the YouTube channel from 28 February*

<https://www.youtube.com/c/LismoreDioceseAU>

**All are most welcome!**

## JOSEPHITE CALENDARS

2024 Josephite Calendars are on sale in the Church. Only a few left. \$10.00 each.

## 2024 LENTEN PROGRAMME

### 'A Resurrected Life'

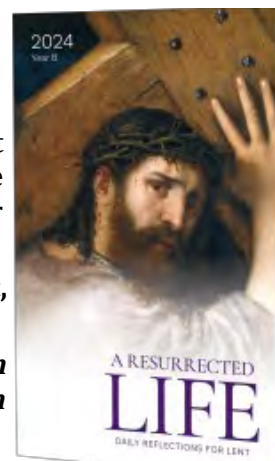
Short daily reflections for Lent, Holy Week and to Easter Sunday.

*A Resurrected Life* is a new 6-week reflection resource that can be used during Lent by individuals and groups. Each day's reflection is inspired by a text of Scripture from the day's Gospel reading, followed by Contemplating the Word, a thought or two on how to Putting the Word into Practice and concludes with a Prayer.

**You are invited to join us for prayer and reflection during the weeks of Lent, which begins with Ash Wednesday 14 February.**

***If you would like to be a leader, please nominate preferred day and time, with name and phone number on the sheet provided. Please note Parish Administration Centre is available to hold Lenten Group meetings.***

Lenten books have arrived and are available at the Church or Parish Office. \$8 each.



## 4TH SUNDAY IN ORD TIME - YEAR B

### RESPONSORIAL PSALM: (PS 94)

**R: If today you hear his voice, harden not your hearts.**

### GOSPEL ACCLAMATION:

**Alleluia, Alleluia!**

**A people in darkness have seen a great light:  
a radiant dawn shines on those lost in death.  
Alleluia!**

### - TO PRAY IS TO LIVE -

Pope Francis has announced a "Year of Prayer" for 2024 ahead of the upcoming Jubilee Year in 2025.

Majellan Media has launched a new podcast series on prayer titled *Prayer is Life* which coincides with the start of a Year of Prayer.

*Prayer is Life* is aimed at giving listeners a better understanding about prayer and what prayer can do for them. Topics include new ways of praying; simplifying prayer; how God presents to us in our daily lives; the challenges of praying; God's need for our love; how do we know if we are praying properly and tips on how individuals and families can be more fully engaged in prayer.

The podcasts are led by Redemptorist priest David Hore CSsR who says there is no one way to pray. "People tend to over complicate what should be quite simple. Praying is about building a relationship with God," he said. **For details and to listen to *Prayer is Life*** <https://majellan.media/prayer-is-life-podcast/>

Source: [www.majellan.media](http://www.majellan.media) |

*How can we as individuals and as a parish community enhance our prayer life?*

## GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

## PROFESSION OF FAITH (NICENE CREED)

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*(All bow during these two lines)*

and by the Holy Spirit was incarnate of the  
Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
Amen.

## HOLY, HOLY, HOLY

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

## INVEST WITH PEACE OF MIND

[www.dif.org.au](http://www.dif.org.au) Phone 1800 802 516 Paying 4.15%

Agents: ALG/Egan Simpson Solicitors, 15 Prince Street, Murwillumbah.

