

Sacred Heart Catholic Parish



PARISH CHURCHES

Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

Our Lady of Perpetual Succour

River Street, South Murwillumbah

St. Brigid's Church

Broadway, Burringbar

St. Columba's Church

Convent Lane, Uki

PARISH STAFF

Administrator

Fr. Peter Wood

Parish Manager

Mary-Ann Thackray

Parish Secretary

Beth Gorton

Pastoral Associate

Barbara Grant

PARISH OFFICE

Monday to Friday 9.00am - 3.00pm

Phone: 02 6672 1118

Website: www.shpmurwillumbah.com.au

Email: shpmbah@norex.com.au

Mail: PO Box 45

Street: Queensland Road,
Murwillumbah NSW 2484

PARISH SCHOOLS

Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

mshpmurwillumbah@lism.catholic.edu.au

Principal: Mr. Paul Reidy

Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

[murp@lism.catholic.edu.au](mailto:mshpmurwillumbah@lism.catholic.edu.au)

Principal: Mr. Brendan Ryan

St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

[smurp@lism.catholic.edu.au](mailto:mshpmurwillumbah@lism.catholic.edu.au)

Principal: Mr. Jason Clarke

**5TH SUNDAY IN ORDINARY TIME -
YEAR A
5 February 2023**

Sharing Christ's light

Following on from the beatitudes in Matthew's gospel, Jesus speaks of his followers as salt and light. Is that us, we might wonder? While we may no longer preserve food with salt, though millions in the world still do, we all know something of the lift it can give to food. We don't want to overdo it, but no salt and our food might lack for something.

So, salt comes into its own when added to something else. That's our task, to add something to people's lives, to give what life we're able to those who share our lives. But Jesus then reminds us that salt can lose its distinctive character and be of no use except for salting the path. So too can we, when the world is too much with us.

If we adopt unwittingly the ways of the world and the call of Jesus fades into the background of our lives, we too will lose our character. To be in the world, to love it, but not be of it, is what's required of us if we are to be 'salt of the earth'. That is what we are to be in our street, in our neighbourhood, in our town and even beyond.

Jesus goes on to say that 'you are the light of the world'. Rather like salt, light doesn't illumine itself, so we're to share the light of Christ, who is the light of the world. That's what we are called to be: a light which will help illumine the lives of those with whom we share our lives. And as we begin to open our lives to others, we begin to recognise we belong to one another, and that this includes people in need, the hungry, the homeless, those left with nothing (as Isaiah says in the first reading). Then our light will shine 'like the dawn.'

When we do this we'll begin to live the beatitudes and be counted blessed. We'll learn to reveal the power of the Spirit and of God, as Paul says in the second reading. It begins with doing simple things. This light can also illumine the unease and, at moments, even the despair of our lives; and then we might find we're able to sit with people who feel weighed down by their lives. As we begin to do this, let us give thanks to God for enabling it, because we're living as God wants us to live.

So, don't hide our lights away, for what use is that, but put them on a stand, in order that they might shed some light in a darkening world. Let our good works be that light.

In this way Jesus encourages us to be salt and light for the world. When we do this, we're able to make a difference, and to witness to this way of living.

Damian Coleridge @ Majellan Media 2023



This week in the Parish

Sunday 5	5TH SUNDAY IN ORDINARY TIME - Year A WORD OF GOD SUNDAY 8:30 am - Rosary 9:00 am - Mass 10:00 am - Parish Morning Tea (see notice page 4)
Monday 6	9:00 am - Rosary & Prayers (see note below)
Tuesday 7	5:30 pm - Mass
Wednesday 8	5:30 pm - Mass
Thursday 9	8:15 am - Mass 12 noon - Legion of Mary Parish Meeting Centre
Friday 10	10:00 am - Catholic Women's Group (see note below) 12:00 pm - Mass
Saturday 11	9:00 am - Rosary 5:30 pm - Rosary 6:00 pm - Vigil Mass
Sunday 12	6TH SUNDAY IN ORDINARY TIME - Year A 8:30 am - Rosary 9:00 am - Mass

HOUR FOR PRIVATE PRAYER

from 4:30 pm
before Tuesday & Wednesday
5:30 pm Mass

RECONCILIATION

Saturday : 5.30 pm - 5.50 pm
Sunday: 8.30 am - 8.50 am

WEDNESDAY WORD

Copies of Wednesday Word, with this weekend's readings, are available for you in the Church.

ROSARY

The Rosary is prayed half an hour before each weekend Mass. Please join us in front of the tabernacle to pray for our parish and prepare for Mass.

PLEASE PRAY FOR:

RECENTLY DECEASED:

Rob Smith, Julie Dawson, Patrick Flanagan, Malcolm Caden, Brian Flanagan, Ken Woodhead, Cardinal George Pell

ANNIVERSARIES:

Monsignor Jerome O'Rourke (Parish Priest 1964-1975), Fr Frank O'Gorman (Parish Priest 1975-1988), Fr James O'Rourke, Ursula Dowling

THOSE WHO ARE SICK:

Maureen McCabe, Fr Anthony Lemon, James Wallace

ROSARY & PRAYERS for God's Precious Infants and the Unborn Child - Monday 6 February - 9am - Sacred Heart Church.

Pregnancy Help Line: 1300 139 313

CATHOLIC WOMEN'S GROUP

Meeting | Cuppa | Get-Together
Friday 10 February | 10 am | Parish Office

Enquiries Barbara Cook:
Ph: 026672 3377 Mobile: 0459 955 394

ALL LADIES ARE WELCOME

ROSTERS | READINGS

11/12 Jan | 6th Sunday in Ord Time | Year A

6pm - Margaret Mumford
9am - Bernard Nolan

READINGS FOR TODAY AND NEXT SUNDAY:

5TH SUNDAY IN ORDINARY TIME - Year A

Is 58:7-10; 1 Cor 2:1-5; Mt 5:13-16

6TH SUNDAY IN ORDINARY TIME - Year A

Sir 15:15-20; 1 Cor 2:6-10; Mt 5:17-37

ROSARY STATUE

Pauline Webber



CATHOLIC MEN'S GROUP

February morning tea
Wed 15 February | 10:00 am | M'bah Services Club
Enquiries: Alex Lever 0458 817 021

ALL MEN ARE WELCOME

ASH WEDNESDAY

22 FEBRUARY

MASS TIMES:

7:30 am & 5:30 pm - Sacred Heart Church

ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Bundjalung people who are the Traditional Owners of this land on which we gather and pray today. We pay our respects to the Elders past, present and emerging, and extend that respect to other Aboriginal and Torres Strait Islander people past, present and emerging.

WORD OF GOD SUNDAY

This weekend, the Church in Australia celebrates Word of God Sunday, which was instituted by Pope Francis in 2019 in his [apostolic letter, *Aperuit Illis*](#). The letter encouraged the celebration, study and dissemination of the Word of God.

In his [homily](#) for this year's Word of God Sunday, Pope Francis said: 'Here is Jesus' invitation: God has come close to you; recognize his presence, make room for his Word, and you will change your outlook on life.

I can also put it like this: *place your life under the Word of God*. This is the path the Church shows us. All of us, even the pastors of the Church, are under the authority of the Word of God. Not under our own tastes, tendencies and preferences, but under the one Word of God that moulds us, converts us and calls us to be united in the one Church of Christ.

So, brothers and sisters, we can ask ourselves: Where does my life find direction, from where does it draw its orientation? From the many "words" I hear, from ideologies, or from the Word of God that guides and purifies me? What are the aspects in me that require change and conversion?'

WORLD DAY OF THE SICK

"Be merciful, even as your Father is merciful"
(Lk 6:36).

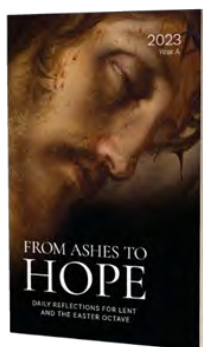
February 11 is World Day of the Sick, an observation started by Pope John Paul II as a way for believers to offer prayers for those suffering from illnesses. The day coincides with the commemoration of Our Lady of Lourdes.

People around the world take the time to pray for the sick and for those who work very hard to alleviate the sufferings of the sick on this day. Faith organisations mark this day especially to provide the sick with medicines, food, and spiritual guidance.

*As we remember and pray
for all those who are sick in this world,
we call to mind our mission as men and women
who have committed our varied gifts and talents
to helping our brothers and sisters
who suffer all forms of illness.
Let us not forget the many steps
along the way to healing.
Let us be gentle with ourselves when we find
that we too have become ill.
Amen.*

2023 LENTEN PROGRAMME

'From Ashes To Hope'



Short daily reflections for Lent, Holy week and to the Second Sunday of Easter.

From Ashes To Hope will nourish and nurture prayer each day during Lent and into the first week of Easter.

The daily reflections invite the reader to contemplate a verse from the Scripture reading of the day.

This is followed by a quote from

Pope Francis and a simple prayer.

You are invited to join us for prayer and reflection during the weeks of Lent, which begins with Ash Wednesday 22 February.

Today, we are asking for you to write your name and phone number on the sheet provided, if you would like to take part in a Lenten Group. Also nominate preferred day and time, and if you are willing to be a leader.

Please note Parish Administration Centre is available to hold Lenten Group meetings.

Lenten books are available at the Parish Office and the Church - \$6.00 each.

Blessed are those who mourn,
for they shall be consoled.
Blessed are those who hunger and thirst
for righteousness, for they shall have their fill.
- Matthew 5:5-6



ST VINCENT de PAUL SOCIETY
Mary MacKillop Conference,
Murwillumbah

THANK YOU!

Sincere thanks to all who contributed in any way to the St Vincent de Paul Society's Christmas Appeal.

The amazing generosity of parishioners, our three Parish schools, local businesses and the broader community enabled Mary MacKillop Conference Murwillumbah to distribute very substantial Christmas support to **61 local families, comprising 226 people.**

Many donations of both money and gift cards were anonymous - please know that your generosity made a REAL DIFFERENCE to how these families could celebrate Christmas.

Our Conference Members wish you all God's good blessings for 2023.

Denise Banner, President, Mary MacKillop Conference

**5TH SUNDAY IN ORDINARY TIME - A
RESPONSORIAL PSALM (PS 111)**

R: A light rises in the darkness for the upright.

GOSPEL ACCLAMATION

Alleluia, Alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life.

Alleluia!



**HAPPY BIRTHDAY
FR PETER**

**Please join us for Morning Tea
after the 9am Mass this Sunday
to celebrate Fr Peter's 40th birthday.**

ALL WELCOME!

Pope's Mission Intention for February...

For parishes: we pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

**“Church publishes fifth annual report on
child safety “**

The ongoing work to ensure Catholic settings are safe for children and that organisations are responsive to safeguarding concerns has been outlined in the Church's fifth annual report to the National Office for Child Safety.

For further information:

<https://mediablog.catholic.org.au/church-publishes-fifth-annual-report-on-child-safety/>

VIEW MASS AT HOME -

There are several options to tune into Mass at home when you can't join us:

- *Bishop Greg continues to online-stream Sunday Mass on the [Diocesan YouTube](#) channel - 9:00 am.*
- *Freeview TV - Channel 10 Sunday 6 am*

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

**PROFESSION OF FAITH
(APOSTLES' CREED)**

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

HOLY, HOLY, HOLY

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

INVEST WITH PEACE OF MIND

www.dif.org.au Phone 1800 802 516 Paying 2.60%

Agents: ALG/Egan Simpson Solicitors, 15 Prince Street, Murwillumbah.

