

Sacred Heart Catholic Parish



PARISH CHURCHES

Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

Our Lady of Perpetual Succour

River Street, South Murwillumbah

St. Brigid's Church

Broadway, Burringbar

St. Columba's Church

Convent Lane, Uki

PARISH STAFF

Administrator

Fr. Peter Wood

Parish Manager

Mary-Ann Thackray

Parish Secretary

Beth Gorton

Pastoral Associate

Barbara Grant

PARISH OFFICE

Monday to Friday 9.00am - 3.00pm

Phone: 02 6672 1118

Website: www.shpmurwillumbah.com.au

Email: shpmbah@norex.com.au

Mail: PO Box 45

Street: Queensland Road,
Murwillumbah NSW 2484

PARISH SCHOOLS

Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

mshpcmbah@lism.catholic.edu.au

Principal: Mr. Paul Reidy

Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

murp@lism.catholic.edu.au

Principal: Mr. Brendan Ryan

St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

smurp@lism.catholic.edu.au

Principal: Mr. Jason Clarke

**15TH SUNDAY IN ORDINARY TIME -
YEAR C | 10 July 2022**
APOSTLESHIP OF THE SEA SUNDAY

Turning a blind eye is not the Christian way

You sometimes see it in a person's eyes. They are trying their very best to put up a brave front. It's to tell the world and to convince themselves that everything is fine. However, all is not well. They are one small step away from falling apart and breaking down.

Mental health and wellbeing issues have for a long time been overlooked or ignored and, in some cultures and societies, it is still a taboo subject. Many people struggle to talk or share about a loved one who is suffering mental illness, and it's even harder if they have had or are going through a breakdown. This makes supporting them or their loved ones challenging and difficult.

In the gospel story of the Good Samaritan, a traveller is attacked by brigands. It wasn't his fault that he was robbed and assaulted. The same can be said for people with mental health issues. Only a few people choose to help them, perhaps for fear of not knowing what to do or how to help. Like the priest and the levite who walked past the traveller who'd been attacked, they perhaps ask themselves, "What can I possibly do to help this person? Perhaps it's better for someone else with experience or expertise to come along to help them." But what if no one else comes along? And what if no one else notices the warning signs of the impending breakdown?

Jesus poses this question, "Which of these three do you think proved himself a neighbour to the man who fell into the brigands' hands?"

"The one who took pity," was the reply.

It was a strong movement of the heart and the soul that moved the Samaritan to action. Though he himself did not have the time to care for the traveller, he did what he could and left the man in the care of the innkeeper.

So, perhaps when we notice someone doing it tough mentally, we do not need to be the one – like the Samaritan – to shoulder the primary responsibility, but we can assist in other ways. We might keep the hotline number for Beyond Blue or Lifeline on hand, for example, or put the person in touch with people who will be able to care for them or attend a workshop on mental health first aid to build our knowledge and skills.

In December 2021, the first insights from the National Study of Mental Health and Wellbeing 2020-21 were released. The study showed that 15% of Australians experienced high or very high levels of psychological distress. For those between the ages of 16 and 34, this increased to 20%. That's one in every five young Australians!

As Christians we are called to help those in need. To be like the Samaritan and to help a person in distress takes courage. We don't always need to do the heavy lifting, but we also can't ignore another person's suffering.

Mark Chia CSSR © Majellan Media 2022

This week in the Parish

Sunday 10	15TH SUNDAY IN ORDINARY TIME - Yr C APOSTLESHIP OF THE SEA SUNDAY Reconciliation: 7:30am - 7:50pm 8:00 am - Mass 10:00 am - Mass
Tuesday 12	5:30 pm - Mass 7:00 pm - Baptism Preparation Meeting
Wednesday 13	5:30 pm - Mass
Thursday 14	8:15 am - Mass 12 noon - Legion of Mary - Parish Meeting Centre
Friday 15	No Mass today
Saturday 16	Reconciliation: 5:30am - 5:50pm 6:00 pm - Vigil Mass
Sunday 17	16TH SUNDAY IN ORDINARY TIME - Yr C Reconciliation: 7:30am - 7:50pm 8:00 am - Mass 10:00 am - Mass

HOUR FOR PRIVATE PRAYER

Each Tuesday & Wednesday
from 4:30 pm

WEDNESDAY WORD

Copies of Wednesday Word, with this weekend's readings, are available for you in the Church.

RECONCILIATION

Saturday: 5.30 pm - 5.50 pm
Sunday: 7.30 am - 7.50 am

CHILDREN'S LITURGY



Children's Liturgy this Sunday is held at the 8am Mass each week.

All primary school aged children are welcome come along & join in. No Children's Liturgy on Sundays 10 or 17 July. Restarts 24 July.

PLEASE PRAY FOR:

RECENTLY DECEASED:

Pat Flack

ANNIVERSARIES:

Nathan Bewes

THOSE WHO ARE SICK:

Leah Ryder, Maureen McCabe, Kay Bewes, Lachlan Gallagher, Baby Harry Partridge, Mark Hanna, Deb Craig, Fr Anthony Lemon, James Wallace

READING ROSTER | YEAR C

16/17 July | 16th Sunday in Ordinary Time

6 pm - Denise Banner
8 am - Maree Coley
10 am - Mary-Ann Thackray

Readings for the next week:

16th Sunday in Ordinary Time - Yr C

Gen 18:1-10; Col 1:24-28; Lk 10:38-42

ROSARY STATUE HOME VISITS TO RESTART

Interested in having Our Lady's statue in your home for a week for home rosary?
To join the Roster, please contact Philomena Zambelli.

LEGION OF MARY NEWS...

The Legion of Mary meet at twelve noon in the Parish Meeting Centre, each Thursday. New members very welcome. Come & see what we do!

CONSECRATION OF HOMES TO SACRED HEART



Would you like to request your home to be Consecrated to the Most Sacred Heart of Jesus?

Please phone the Parish Office (6672 1118) to book in, and to arrange a time.

CATHOLIC MEN'S GROUP

July morning tea

Wed 20 July | 10:00 am

Murwillumbah Services Club

Enquiries: Alex Lever 0458 817 021

ALL MEN ARE WELCOME

CATHOLIC WOMEN'S GROUP

July luncheon

Friday 22 July | 12:30pm | Murwillumbah Services Club

Enquiries: Frances Wright 6672 1512

Barbara Cook 6672 3377 | 0459 955 394

ALL LADIES ARE WELCOME

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge the Bundjalung people who are the Traditional Owners of this land on which we gather and pray today. We pay our respects to the Elders past, present and emerging, and extend that respect to other Aboriginal and Torres Strait Islander people past, present and emerging.

SEA FARER'S SUNDAY



Today is Sea Sunday, when the church prays for all those who live and work at sea. Without them, we would not have most of the items we rely on for daily living. Even during a pandemic, seafarers continue to bring into our ports products that sustain our population and economy.

Stella Maris, formerly The Apostleship of the Sea, is the Catholic Church's Missionary work to the Seafarers whether they be on merchant, passenger, war or fishing vessels. While the Church has

STELLA MARIS always been interested in Seafarers since Christ first gathered his fishermen-disciples around him, the modern movement began in the 1890s with several isolated and independent beginnings.

The purpose of Stella Maris is to care for the Spiritual, Social, and Material welfare of all Seafarers without distinction of colour, race or creed.

The principal patroness is Mary the Mother of God who, in the Litany of Our Lady, is amongst many titles, called **STAR OF THE SEA**. As the STARS have been navigational aids for centuries, the title is apt.



St Vincent de Paul Society *Mary MacKillop Conference* *Murwillumbah*

SINCERE THANKS to all who have contributed in any way to the 2022 WINTER APPEAL.

The generosity of our Parish and school communities has been amazing and will make a real difference for many who are experiencing hardship.

Donations are still being received. Envelopes are available in the Sacred Heart Church, or can be made online at www.vinnies.org.au - BUT when you reach the option asking for 'Comments or Conference Name' please write "Conference 43-427" SO YOUR GIFT STAYS IN THIS AREA.

Thank you very much for your wonderful support.
Denise Banner, President, Mary MacKillop Conference

TRIBUNAL OF THE CATHOLIC CHURCH

Marriage breakdown is a traumatic experience for all those concerned. The Church reaches out in support of those who are divorced, while upholding the permanence of a true Christian marriage.

The Lismore Office of the Tribunal extends an invitation to any divorced person who would like to talk about the annulment process. You can be assured that your privacy will be respected. Should you choose to apply for an annulment, you will be guided and supported through the process.

For further information please phone the Lismore Office of the Tribunal on **6621 7288** or email tribunal@lismore.catholic.org.au

EXPRESSIONS OF INTEREST ARE INVITED FOR PARISHIONERS INTERESTED IN EUCHARISTIC MINISTRY FOR HOLY COMMUNION TO THE SICK AND FOR NURSING HOME VISITATION. Please email your expression of interest to Fr Peter Wood at murwillumbah@lismore.catholic.org.au for consideration.

Some training will be required for these roles and a Police/Criminal History Check and/or a Working with Children clearance may also be required. Vaccination records will also be required for clearance to visit nursing homes on behalf of the Parish. Please consider becoming involved in this special ministry to the sick and vulnerable. It may be a ministry that you could share with a partner or a friend.



PLANNED GIVING RENEWAL 2022-2023

Give and it shall be given unto you, a full measure...overflowing." Luke 6:38

Thank you to everyone who donates financially to the Parish and Clergy Fund. Your continued support is much appreciated and helps us not just to keep the lights on but your donation enables us to strengthen our Parish mission to love God; to love others and to grow disciples in our local community.

If you are new to the Parish and would like to participate in our planned giving program, please contact the Parish Office. We welcome your support of the parish.

The new series of Planned Giving envelopes for 2022-2023 start from this weekend 2-3 July. Please note that many of you have been issued with a new Planned Giving Number – families who use planned giving envelopes have been reissued numbers between 1-120 and those using EFT for their planned giving now have reference numbers between 121-140. If you would like a receipt for your 2021-2022 giving, please contact the Parish Office.

Thank you for your generous support of our parish and our priests.

15TH SUNDAY IN ORDINARY TIME - C

RESPONSORIAL PSALM: (Psalm 68)

R: Turn to the Lord in your need, and you will live.

GOSPEL ACCLAMATION:

Alleluia, Alleluia!

**Your words, Lord, are spirit and life;
you have the words of everlasting life.**

Alleluia!

BAPTISM PREPARATION

If you are considering having your child baptised please phone the Parish Office for enquiries and to book in for the Baptism Preparation Meeting. The next Baptism Preparation Meeting will be held on Tuesday 12 July at 7pm.



Worldwide Marriage Encounter – Virtual Weekend

Live your best life in love

The Virtual Weekend is conducted by Zoom allowing you to attend from the comfort of your own home.

Date: 19-21 August 2022

Starting Friday, 19 August 2022, 7.00 pm (Sydney time)

Through Sunday, 21 August 2022 around 4.00 pm.

The Weekend will conclude with Holy Mass

Book online www.wwme.org.au

OR contact Booking Couple

Mercy & James Evirakare, Mobile 0409 183 676

Email: vicbookings@wwme.org.au

What is required to attend virtually:

- A computer / laptop with video (camera + microphone)
- A good internet connection
- If you have small children, you will need to find care for them during the day

ORGAN RECITAL

Robert Eather

Organist | Christchurch Cathedral, Grafton

2:30 pm | Sunday 10 July

All Saints Anglican Church \$18/\$12 entry

Tickets at door or book online:
www.trybooking.com/BZITL

VIEW MASS AT HOME - *There are several options to tune into Mass at home when you can't join us:*

- Bishop Greg continues to online-stream Sunday Mass on the [Diocesan YouTube](#) channel - 9:00 am.
- Freeview TV - Channel 10 Sunday 6 am

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

PROFESSION OF FAITH (APOSTLES' CREED)

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the living
and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting.

Amen.

HOLY, HOLY, HOLY

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.



INVEST WITH PEACE OF MIND

www.dif.org.au Ph: 1800 802 516 Paying .45%

Agents: ALG/Egan Simpson Solicitors, 15 Prince Street, Murwillumbah.