

# Sacred Heart Catholic Parish



## PARISH CHURCHES

### Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

### Our Lady of Perpetual Succour

River Street, South Murwillumbah

### St. Brigid's Church

Broadway, Burringbar

### St. Columba's Church

Convent Lane, Uki

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## PARISH STAFF

### Parish Priest

Fr. Anthony Lemon

### Parish Manager

Mary-Ann Thackray

### Parish Secretary

Beth Gorton

### Pastoral Associate

Barbara Grant

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## PARISH OFFICE

Monday to Friday 9.00am - 3.00pm

Phone: 02 6672 1118

Website: [www.shpmurwillumbah.com.au](http://www.shpmurwillumbah.com.au)

Email: [shpmbah@norex.com.au](mailto:shpmbah@norex.com.au)

Mail: PO Box 45

Street: Queensland Road,  
Murwillumbah NSW 2484

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## PARISH SCHOOLS

### Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

[mshpcmbah@lism.catholic.edu.au](mailto:mshpcmbah@lism.catholic.edu.au)

Principal: Mr. Paul Reidy

### Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

[murp@lism.catholic.edu.au](mailto:murp@lism.catholic.edu.au)

Principal: Mr. Brendan Ryan

### St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

[smurp@lism.catholic.edu.au](mailto:smurp@lism.catholic.edu.au)

Principal: Mr. Jason Clarke

**18TH SUNDAY IN ORDINARY TIME -  
YEAR B**

**1 August 2021**

## I am that bread, says Jesus

In today's gospel, the people ask Jesus three questions and each time his response suggests, think again.

The first question comes after the multiplication of the loaves and fishes on the other side of the sea and they're wondering where is he? On locating him they ask, 'When did you get here?' Jesus' answer is puzzling: you've seen the signs of God's love he says, but haven't understood their meaning and can only see that you've had plenty to eat! He goes on to contrast working for what is here today, gone tomorrow and what sustains you forever. It's this I'm offering you, he says, through the Father.

We'd prefer it if Jesus would stick to the script, but he doesn't. He doesn't answer to our expectations. Instead, he leads his listeners into what seems like uncharted territory and, like the Israelites in the first reading, we may begin to yearn for the certainties back in Egypt, when enslaved, but at least we weren't hungry. But then, that's what the spiritual revolution referred to in today's second reading is all about, our secure selves being overturned by what Jesus says, our minds opening up.

This leads to the second question: what must we do in order to do what God wants? Again, he wrong-foots them when he responds: Believe in the one he sent. They sort of get what he's saying and respond by thinking of him in the time-honoured way and ask, can you show us a sign like the manna given by Moses in the desert, so we might believe in you? And a third time he brings them undone. It's not about me, or Moses, he responds, but about my Father who gives you true bread from heaven, for the world's sake.

When they say give us that bread always, Jesus replies, I am that bread. It's a breathtaking statement, a new Passover, a new revelation of God. We've gone from loaves and fishes and manna in the desert to this pledge of God's love, where our hunger and our eating is the way into Jesus, into God. In eating this bread 'we receive what we are and become what we receive.'

We're learning to receive what God gives us and learning that we can't program it, or earn it in some way, but have only to receive it. It's so simple we don't quite get it and we're back to their questions and having to re-think our lives.

It all comes down to this simple act of eating. Food and eating and bodies, now transformed, so we might be bread for others. Jesus is the sign of God's unending love for us made real in his broken body, the Church. To experience something of this reality is to believe in him who was sent. Is he the one we have been looking for? Come and eat.

Damian Coleridge @ Majellan Media 2021  
*Reprinted from the Sunday Majellan with permission*

# This week in the Parish 1 - 8 August

Sunday 01	18TH SUNDAY IN ORDINARY TIME - Year B 8:00 am - Mass 10:00 am - Mass 12 noon - Baptisms
Monday 02	Rosary & Prayers (see note below)
Tuesday 03	5:30 pm - Mass
Wednesday 04	12 noon - Legion of Mary Prayers (see note below) 12:20 pm - Mass
Thursday 05	8:15 am - Mass 9:00 am - Legion of Mary - South Meeting Room
Friday 06	THE TRANSFIGURATION OF THE LORD 12:00 pm - Mass
Saturday 07	6:00 pm - Vigil Mass
Sunday 08	ST MARY OF THE CROSS - Year B 8:00 am - Mass 10:00 am - Mass



## SEATING IN THE CHURCH

Please remember to turn over the small 'Please Sit Here' card where you sit in the church during Mass. This tells the volunteer cleaners where someone has been sitting during Mass.

## RECONCILIATION

Saturday: 5.30pm - 5.50pm  
Sunday: 7.30am - 7.50am

## PLEASE PRAY FOR:

### RECENTLY DECEASED:

Phil Marshall (ex teacher MSPC), Carolyn Zambelli, Theresa Orodani, Marjorie Payton

### ANNIVERSARIES:

Andrew Quan

### THOSE WHO ARE SICK:

James Wallace



## BAPTISM:

Please welcome  
**Imogen Marjorie Johnston**  
to our faith community.

### Readings for today and next Sunday:

**18th Sunday in Ordinary Time - Year B**  
Ex 16:2-4, 12-15; Eph 4:17, 20-24; Jn 6:24-35

**ST MARY OF THE CROSS - Year B**  
1 Kg 17:8-16; Col 3:12-17; Mt 6:25-34

## READING ROSTER:

7/8 August - St Mary of the Cross

6pm Vigil: Margaret Mumford

Sunday 8am: Jan Bruce

Sunday 10am: Mary-Ann Thackray

This weekend Fr Anthony will be using Preface of Ordinary Time I and Eucharistic Prayer II.

### WEDNESDAY WORD

Limited copies of Wednesday Word, with this weekend's readings, are available for you in the Church.

**ROSARY & PRAYERS** for God's Precious Infants and the Unborn Child - Monday 2 August - 9am - Sacred Heart Church Prayer Chapel.

Pregnancy Help Line: 1300 139 313

## LEGION OF MARY



The Legion of Mary is a lay apostolic association of Catholics who, with the sanction of the Church and under the powerful leadership of Mary Immaculate, Mediatrix of All Graces, serve the Church and their neighbor on a voluntary basis in about 170 countries.

The first meeting of the Legion of Mary took place in Dublin, Ireland on 7 September, 1921.

The object of the Legion of Mary is the glory of God through the holiness of its members developed by prayer and active co-operation in Mary's and the Church's work.

The Legion invites all parishioners to join us on **Wednesday 4 August at 12 noon for Legion Prayers, followed by Mass at 12:20 pm**, to honour Our Blessed Mother in this **CENTENARY** of the **LEGION of MARY**.

I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst. - John 6:35



Are you thinking of becoming a Catholic?

R.C.I.A.

## INVITATION TO ALL WHO WOULD LIKE TO KNOW ABOUT THE CATHOLIC FAITH

### RCIA –A JOURNEY IN FAITH

Since Jesus invited His first followers to “Come, follow me”, the image of journey has been used to describe Christian discipleship.

**THE RIGHT OF CHRISTIAN INITIATION OF ADULTS - RCIA** programme provides a setting where the Catholic faith can be explored and the journey of faith can be celebrated within the local Church community.

The RCIA Programme begins with an Enquiry Night to assist:

- ◆ Those who might be considering joining our Catholic community.
- ◆ Those who would like to know more about the RCIA programme.
- ◆ Those parishioners who are interested in supporting our candidates.
- ◆ Those who wish to know more about their Faith.

If you are interested to learn more about the Catholic Faith, please phone Barbara at the Parish Office 6672 1118 or email at [shpmbah@norex.com.au](mailto:shpmbah@norex.com.au)

### ASSISTED SUICIDE LEGISLATION (ON LINE PETITION) ...

Sydney Archbishop Anthony Fisher OP says Independent Sydney MP Alex Greenwich’s plan to introduce a euthanasia bill to the New South Wales Parliament is “particularly insensitive” during the pandemic.

Archbishop Fisher said the “state-sanctioned killing of the sick, elderly and frail of New South Wales is the last thing we need right now”.

“I call on the Government to keep us focused on the present challenges and once they have been met, let us focus on medicine at its best and not its most lethal.

If anyone in the parish wants to object to the proposed Assisted Suicide legislation, please follow the link:

<https://comms.sydneycatholic.org/v/75218/7085317/email.html?k=z02TQjPMSNHdUvS-Hs8KHTIpRUOPzHX1v2VeEwNddmU>

## Vinnies Winter Appeal Donate Now

*Lives can change when you choose to help*  
Throughout July you can make your donations to the Vinnies Winter Appeal.

Donations can be made:

- ◆ in the Church today
- ◆ in the envelopes provided - for those asking for a receipt
- ◆ online: <https://donate.vinnies.org.au/winter-appeal>

Thank you for your generous support!



**Vinnies**  
good works

### SACRAMENT OF CONFIRMATION

#### Confirmation Parent Meeting

Tuesday 5 October - 6.30pm

Sacred Heart Church

*Children in Year 3 or older are eligible to make their Confirmation.*

#### Retreat Day:

Wednesday 3 November

#### Sacrament of Confirmation

Wednesday 3 November

### FOCUS ON YOUR FAITH

Cycle 6 registrations for Courses with the Virtual Learning Community for Faith Formation (VLCFF) are now open. (Open - 7 July; Close - 13 August)

Visit: <https://stagnesparish.org.au/our-faith/virtual-learning-community/>

Or visit the St Agnes Parish Port Macquarie website, under “Our Faith”, for a list of available courses and how to register.

Contact Tony Worner -

[VLCFF.LismoreDiocese@stagnesparish.org.au](mailto:VLCFF.LismoreDiocese@stagnesparish.org.au)



## 18TH SUNDAY IN ORDINARY TIME - B RESPONSORIAL PSALM: (77)

R: The Lord gave them bread from heaven.

### GOSPEL ACCLAMATION:

Alleluia, Alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

### ACKNOWLEDGEMENT OF COUNTRY

*We would like to acknowledge the Bundjalung people who are the Traditional Owners of this land on which we gather and pray today. We pay our respects to the Elders past, present and emerging, and extend that respect to other Aboriginal and Torres Strait Islander people past, present and emerging.*

### WEARING OF MASKS

A reminder to everyone:

**you are required to wear a mask indoors when attending Mass.**

If you have an exemption from wearing a mask, you are required to carry the exemption from your doctor or a statutory declaration, and to produce this exemption when asked by a regulatory officer.

\* Please be respectful to people who are not wearing a mask as the reasons for not wearing a mask are not always visible or obvious.

### MASS - What you need to know

- ◆ all Masses are celebrated in Sacred Heart Church (*entry via main entrance only*) – country churches remain closed
  - ◆ QR check in on arrival or give your name and contact details to our hospitality team
  - ◆ please use the hand sanitiser provided
  - ◆ seats are marked where you can sit
  - ◆ please observe 1.5 m social distancing when coming forward for communion
  - ◆ distribution of communion is strictly **BY HAND** only
  - ◆ *no singing!*
  - ◆ church cleaned after each Mass
  - ◆ covid-19 safety plan of action in place
- Queries or concerns, please contact Mary-Ann in the Parish Office.

### VIEW MASS AT HOME -

*There are several options to tune into Mass at home when you can't join us:*

- Bishop Greg continues to online-stream Sunday Mass on the [Diocesan YouTube](#) channel - 9:00 am.
- Freeview TV - Channel 10 Sunday 6 am

### GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### PROFESSION OF FAITH (APOSTLES' CREED)

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

### HOLY, HOLY, HOLY

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.



**INVEST WITH PEACE OF MIND** [www.dif.org.au](http://www.dif.org.au) Phone 1800 802 516

Paying .45%

Agents: ALG/Egan Simpson Solicitors:  
15 Prince Street, Murwillumbah.