

# Sacred Heart Catholic Parish



## PARISH CHURCHES

### Church of the Sacred Heart

Murwillumbah Street, Murwillumbah

### Our Lady of Perpetual Succour

River Street, South Murwillumbah

### St. Brigid's Church

Broadway, Burringbar

### St. Columba's Church

Convent Lane, Uki

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## PARISH STAFF

### Parish Priest

Fr. Anthony Lemon

### Parish Manager

Mary-Ann Thackray

### Parish Secretary

Beth Gorton

### Pastoral Associate

Barbara Grant

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## PARISH OFFICE

Monday to Friday 9.00am - 3.00pm

Phone: 02 6672 1118

Website: [www.shpmurwillumbah.com.au](http://www.shpmurwillumbah.com.au)

Email: [shpmbah@norex.com.au](mailto:shpmbah@norex.com.au)

Mail: PO Box 45

Street: Queensland Road,  
Murwillumbah NSW 2484

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## PARISH SCHOOLS

### Mt. St. Patrick College

Murwillumbah Street, Murwillumbah

Ph: 02 6672 2340

[mshpcmbah@lism.catholic.edu.au](mailto:mshpcmbah@lism.catholic.edu.au)

Principal: Mr. Paul Reidy

### Mt. St. Patrick Primary School

Mooball Street, Murwillumbah

Ph: 02 6672 1821

[murp@lism.catholic.edu.au](mailto:murp@lism.catholic.edu.au)

Principal: Mr. Brendan Ryan

### St. Joseph's Primary School

Greville Street, South Murwillumbah

Ph: 02 6672 1867

[smurp@lism.catholic.edu.au](mailto:smurp@lism.catholic.edu.au)

Principal: Mr. Jason Clarke

## THIRD SUNDAY OF EASTER

- YEAR B

18 April 2021

### Committing to a higher power

I was recently re-watching the American political drama series, *The West Wing*. In one episode the White House chief of staff, Leo McGarry (played by John Spenser) who is a recovering alcoholic offers comfort to the deputy chief of staff, Josh Lyman (played by Bradley Whitford) during a period when Josh is suffering with PTSD.

McGarry tells Lyman this story: There was a guy who one day when walking along a footpath fell down an open manhole and was trapped in a deep trench. Several people walked by and, despite his calls for help, none paid him any attention. Eventually a friend of his came along and, recognising his pal he called, "Hey Harry! Can you give me a hand? I am stuck in this trench and can't get out!"

Harry immediately leaps down into the trench. His friend looks at him incredulously and sputters, "Harry, what are you doing? Now we are both trapped!"

Harry turns to his friend and says, "Hey! It's ok! I've been down here before, and I know the way out!"

The point of the story was that McGarry, as a recovering alcoholic, knew exactly what it was like to suffer mental anguish and hopelessness. As someone who had found a 'way out', he could offer Lyman empathy, support, and direction as Lyman tried to navigate his depression.

The potency of the Easter story is that Jesus has been there before us. He has suffered the worst that life can dish up; and has, not only found a way out, but has become our 'way out'. His death and resurrection are the guarantor that, as the Psalmist proclaimed, "The Lord hears when I call out" (Ps 4:4).

The Easter story is neither a simple sop for broken hearts, nor an empty reassurance that God will rescue us from our troubles. As today's gospel demonstrates, Jesus was raised still bearing the wounds of his suffering. God did not spare Jesus the cross despite his "agony in the garden."

Similarly, the character of Leo McGarry in *The West Wing* was a "recovering alcoholic." He was not cured of his alcoholism. Through his participation in Alcoholics Anonymous, McGarry had committed his alcoholism to a "higher Power" and, thereby, found the strength to "not take the next drink". But he also found the wisdom and charity to offer Josh Lyman the support he needed to begin the process of recovery from depression and hopelessness.

For us too, the story of the resurrection is one that can bring hope and encouragement; but by committing ourselves to the "higher power" of the actual person of the resurrected Jesus, we can find the strength to begin a new journey of recovery – to find a way out. And more! In bringing our sufferings to Jesus, we also find the wisdom and the charity to empathise, support and lead others who need a "way out" of the darkest trenches of the human condition.

Ian J Elmer © Magellan Media 2021

# This week in the Parish

Sunday 18 April	<b>THIRD SUNDAY OF EASTER - Year B</b> 8:00 am - Mass 10:00 am - Mass 12 noon - Baptisms
Tuesday 20 April	NO Mass today
Wednesday 21 Apr	10:00 am - Men's Group Morning Tea (see note below) NO Mass today
Thursday 22 April	8:15 am - Mass 9:00 am - Legion of Mary - South Meeting Room
Friday 23 April	12:30 pm - Mass
Saturday 24 April	6:00 pm - Vigil Mass
Sunday 25 April	<b>FOURTH SUNDAY OF EASTER - Year B</b> <b>ANZAC DAY</b> 8:00 am - Mass 10:00 am - Mass 12 noon - Baptisms



## SEATING IN THE CHURCH

Please remember to turn over the small 'Please Sit Here' card where you sit in the church during Mass. This tells the volunteer cleaners where someone has been sitting during Mass.

## RECONCILIATION

Saturday : 5.30pm - 5.50pm  
Sunday: 7.30am - 7.50am

## PLEASE PRAY FOR:

### RECENTLY DECEASED:

Ken Goodworth, Joe McDonald, Kevin Loughman, Lee Thorley, Kevin McAndrew, Robert Braid.

### ANNIVERSARIES:

Bishop John Satterthwaite (4th Bishop of Lismore).

### THOSE WHO ARE SICK:

Margaret Flannery, Marg Ellem (nee Carter), Miles Larkin, James Wallace, Donna Lee Pearson.

### Readings for today and next Sunday:

#### THIRD SUNDAY OF EASTER - Yr B

Acts 3:13-15, 17-19; 1 Jn 2:1-5; Lk 24:35-48

#### FOURTH SUNDAY OF EASTER - Yr B

Acts 4:8-12; 1 Jn 3:1-2; Jn 10:11-18

### THANKSGIVING MASS CELEBRATING 500 YEARS OF CHRISTIANITY IN THE PHILIPPINES!

St Carthage's Cathedral Sunday 18 April 3pm

Celebrant: Bishop Greg Homeming

Registration by 13 April. Phone: 6626 0200  
or email: office@stcarthages.org.au

### VIEW MASS AT HOME -

There are several options to tune into Mass at home when you can't join us:

- Bishop Greg will continue to online-stream Sunday Mass on the Diocesan YouTube channel - 8:00 am.
- Freeview TV—Channel 10 Sunday 6 am



## BAPTISM:

This weekend we welcome **Peppa Ann McKittrick** to our faith community.

## WEDDING:

Please pray for God's blessing on **Sara-Jane Guinea & Dylan Clarke** who were married this weekend in the Sacred Heart Church.



## CATHOLIC MEN'S GROUP

Next morning tea/cuppa

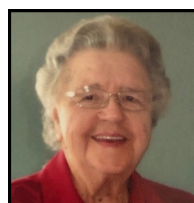
Wednesday 21 April at 10 am

Crystal Creek Estate Café & Nursery

1004 Numinbah Road, Crystal Creek

Enquiries to Alex Lever 0458 817 021

**ALL MEN ARE WELCOME**



A Memorial Service for **Sr Martha Casserley** will be held in St Joseph's Church, Tweed Heads on Monday 26 April commencing at 10:30am.  
**All Welcome!**

## THIRD SUNDAY OF EASTER - Yr B

### RESPONSORIAL PSALM: (4)

R: Lord, let your face shine on us.

### GOSPEL ACCLAMATION:

Alleluia, Alleluia!

Lord Jesus, make your word plain to us: make our hearts burn with love when you speak.

Alleluia!

# LISMORE DIOCESE FLOOD APPEAL

The March 2021 floods in the southern part of the Diocese of Lismore have had a devastating impact on residents and farmers. I am launching a flood appeal, and am kindly calling on your support.

The Diocese has already contributed \$10,000 towards help for affected farmers and in addition we will give financial and practical support in the Diocese.

If you are able to, please consider a donation to the Appeal.

With prayers and good wishes,

+ Greg

Most Revd Greg Homeming OCD  
Bishop of Lismore



To donate go to: [lismorediocese.org](http://lismorediocese.org),  
or use this QR code  
or Direct Deposit:  
BSB: 037-889  
A/c No: 1061 5829  
Name: DIF Flood Appeal

### MASS - What you need to know

- ◆ all Masses will continue to be celebrated in Sacred Heart Church (*entry via main entrance only*) – country churches remain closed
  - ◆ sign in on arrival using our QR code or by giving your name and contact details to one of our hospitality team
  - ◆ please remember to use the hand sanitiser provided
  - ◆ seats are marked where you can sit
  - ◆ please observe social distancing when coming forward for communion, and communion BY HAND only
  - ◆ We are now able to have congregational singing
  - ◆ church cleaned after each Mass
  - ◆ covid-19 safety plan of action in place
- Queries or concerns, please contact Mary-Ann in the Parish Office.

### Entrance Hymn:

## JESUS CHRIST IS RISEN TODAY

Charles Wesley

1. Jesus Christ is risen today, Alleluia!  
Our triumphant holy day, Alleluia!  
Who did once upon the cross, Alleluia!  
Suffer to redeem our loss, Alleluia!
2. Hymns of praise then let us sing  
unto Christ, our heavenly king,  
who endured the cross and grave  
sinners to redeem and save.
3. But the pains which he endured  
our salvation have procured;  
now exalted he is King,  
where the angels ever sing.
4. Sing we to our God above  
praise eternal as his love;  
praise him, all you heavenly host,  
Father, Son and Holy Ghost.

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### Communion Hymn:

## AS I KNEEL BEFORE YOU

Maria Parkinson

As I kneel before you,  
as I bow my head in prayer,  
take this day, make it yours  
and fill me with your love.

*Refrain: Ave Maria,  
gratia plena,  
dominus te cum,  
benedicta tu.*

All I have I give you,  
ev'ry dream and wish are yours;  
Mother of Christ, Mother of mine,  
present them to my Lord. *Refrain.*

As I kneel before you,  
and I see your smiling face;  
ev'ry thought, ev'ry word  
is lost in your embrace. *Refrain.*  
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### Recessional Hymn:

## SING TO THE MOUNTAINS

Bob Dufford SJ

*Refrain: Sing to the Mountains, sing to the sea.  
Raise your voices, lift your hearts.  
This is the day the Lord has made.  
Let all the earth rejoice.*

I will give thanks to You, my Lord.  
You have answered my pleas.  
You have saved my soul from death.  
You are my strength and my song.  
Holy, Holy, Holy, Lord.  
Heaven and earth are full of Your glory.  
This is the day that the Lord had made.  
Let us be glad and rejoice.  
He has turned all death to life.  
Sing of the glory of God.  
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## FROM THE PASTOR...

Firstly a big thank you to everyone who made Easter possible. It was under the duress of extra Covid 19 restrictions that we managed to celebrate all the liturgies. Sadly our catechumens had to wait a week till the restrictions lifted. An enormous amount of work went on behind the scenes to make sure Easter happened. Our parish team and volunteers did an extraordinary job. The sheer logistics of having to book and sign people into our liturgies has to be seen to be believed. The volume of paperwork and compliance is huge. Mary-Ann, Beth and Barbara deserve our deepest thanks.

Since we are in the Easter season you will hear mention of the 'Paschal Mystery' many times in our prayers and Masses. So what exactly is the Paschal Mystery. I found the following article on the Loyolapress.com website to assist us in our understanding.

*The liturgy of the Church, the celebration of the sacraments, and the seasons of Lent and Easter are particular times when we pay attention to what Jesus Christ has done for us through his passion, death, Resurrection, and Ascension. Yet these are not the only times when we experience the Paschal Mystery. It is a part of our everyday life; it is the undercurrent of all that we do and all that we are.*

*First, let's look at the Paschal Mystery in general terms, without any religious lingo. The Paschal Mystery is basically the process of dying and rising, death and new life. We see this all around us and in our own lives.*

*Now when we look at the Paschal Mystery in the context of our religious beliefs and the life of Jesus Christ, we come to a deeper meaning of dying and rising. Jesus Christ's passion, death, Resurrection, and Ascension are the ultimate event of dying and rising, of death and new life. We learn from Jesus that new life can come from death, that we can find meaning in tough times, that there really is light in the darkness. We learn that all life has this rhythm of dying and rising and that God is with us in good times and in bad. Christ's experience of suffering, death, and new life has forever changed us and given us a different way of living. Death no longer has the last word. Plus, when we encounter tough times, we have the comfort of knowing that God has "been there, done that" and the power of hope that new life will come from death. Becoming conscious of our own dyings and risings helps us have a greater sense of compassion for others and a greater willingness to reach out. Sourced from, [www.loyolapress.com](http://www.loyolapress.com)*

Be mindful as we journey through the Easter Season, try and listen carefully to the prayers of the Mass and the Easter Prefaces, they contain valuable statements of our faith. In many ways they are instructive and very informative in a prayerful way.

We thank God for our good fortune here in the Northern Rivers, we are no strangers to flood and drought. I commend to you our Bishop's flood appeal for the Mid North Coast areas so devastated by recent flooding.

Warmest regards

Anthony Lemon

## GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

## PROFESSION OF FAITH (APOSTLES' CREED)

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.

## HOLY, HOLY, HOLY

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.



**INVEST WITH PEACE OF MIND** [www.dif.org.au](http://www.dif.org.au) Phone 1800 802 516

Paying .45%

Agents: ALG/Egan Simpson Solicitors:  
15 Prince Street, Murwillumbah.